



**Instructions:**

**Please fill out this form as thoroughly as possible. Then use the Print to PDF feature to save your answers and email the completed form.**

## **Welcome to the Goals Worksheet by Coaching Canine Companion**

I want to start off by saying that I am THRILLED that you're taking the first step to building the best relationship with your canine companion. The world needs more amazing people like you! Your comitment & compassion is valuable and will **greatly** impact the lives of the people and dogs around you.

**Please list 3 positive possibilities of completing this training.**

**Please list 3 negativie possibilities of Not completing this training.**

Email me at [Lorrie@CoachingCanineCompanions.com](mailto:Lorrie@CoachingCanineCompanions.com) with any questions.

# Goals Worksheet

<p><b><u>Goal / Vision</u></b></p> <p>What opportunities will be available to me when I have a well-behaved dog?</p>		
<p> </p>		
<p>How will I motivate myself to do my part of the dog training exercises?</p>	<p><b>Month 1</b></p> <p><input type="checkbox"/> _____</p>	<p><b>Month 6</b></p> <p><input type="checkbox"/> _____</p>



**What obstacles do I face before I reach my goal?**

**What strengths do I have that will help me to reach my goals?**

**When I've achieved my goal, what will it look and feel like?**