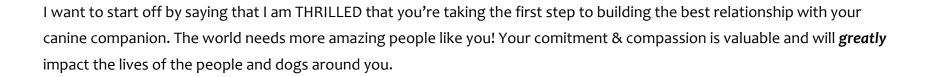


Instructions:

Please fill out this form as thoroughly as possible. Then use the Print to PDF feature to save your answers and email the completed form.

Welcome to the Goals Worksheet by Coaching Canine Companion



Please list 3 positive possibilities of completing this training.

Please list 3 negativie possibilities of Not completing this training.

Email me at Lorrie@CoachingCanineCompanions.com with any questions.



Goals Worksheet

Goal / Vision		
What opportunities will be available to me when I have a well-behaved dog?		
How will I motivate myself	Month 1	Month 6
to do my part of the dog training exercises?		



What obstacles do I face before I reach my goal?	What strengths do I have that will help me to reach my goals?	When I've achieved my goal, what will it look and feel like?
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